Aquatics Club

Vision: To give primary importance to the fitness and health; amongst faculty and student community in KMC, Manipal

Aims: Encourage faculty, all staff members and students to adopt a healthy, productive and balanced lifestyle

Objectives:

1. To provide a platform for faculty, staff and students of our institution to engage in regular physical activity.
2. To incorporate regular physical activity in their daily routine.
3. To informally bring together students and staff from different arena and inculcate team spirit.

Plan of action:

- Create awareness, interest and publicize about the group
- All members meet once a week/or atleast every month
- Plan short tournaments/competition/training programs for learners
- Encourage peers and students to join the group

Outcomes:

- Balanced lifestyle
- Bonhomie/Tie-up between staff and students
- Showcasing team spirit as one, Constructing organization to be Healthy and productive

Faculty in charge (Co-ordinators) and the team members or core team names:

1. Dr. Amberkar Mohanbabu V.
2. Dr. Freston