# Index

<table>
<thead>
<tr>
<th></th>
<th>Topic</th>
<th>Page</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>Dean's message</td>
<td>02</td>
</tr>
<tr>
<td>2</td>
<td>Good to know</td>
<td>03</td>
</tr>
<tr>
<td>3</td>
<td>Checklist for the items required</td>
<td>04</td>
</tr>
<tr>
<td>4</td>
<td>Documents Required for Opening a bank account &amp; Mobile connections</td>
<td>05</td>
</tr>
<tr>
<td>5</td>
<td>Vaccination information</td>
<td>06</td>
</tr>
<tr>
<td>6</td>
<td>Health Instructions</td>
<td>07</td>
</tr>
<tr>
<td>7</td>
<td>Safety Instructions</td>
<td>08</td>
</tr>
<tr>
<td>8</td>
<td>Anti-ragging – information</td>
<td>09</td>
</tr>
<tr>
<td>9</td>
<td>Student Health Clinic</td>
<td>10</td>
</tr>
<tr>
<td>10</td>
<td>Word of caution</td>
<td>11</td>
</tr>
<tr>
<td>11</td>
<td>Hospital Rules/Guidelines for Students</td>
<td>12</td>
</tr>
<tr>
<td>12</td>
<td>Student Support Centre</td>
<td>13</td>
</tr>
<tr>
<td>13</td>
<td>Policy on Substance Abuse</td>
<td>14</td>
</tr>
<tr>
<td>14</td>
<td>Map of Manipal</td>
<td>15</td>
</tr>
<tr>
<td>15</td>
<td>List of hotels in and around Manipal</td>
<td>16</td>
</tr>
</tbody>
</table>
Dear Students,

It’s my great pleasure to welcome you to Kasturba Medical College, Manipal under Manipal Academy of Higher Education. My heartfelt congratulations first for having secured a medical seat and second for having chosen KMC Manipal. KMC Manipal, always ranked among the top ten medical colleges in India, puts students at the center of everything it does. Your experience here in KMC and your success is important to each and every member of the faculty who works here.

Your arrival at KMC Manipal marks a new chapter in the story of your life. But this chapter is a bit different. The preceding chapters were largely written by others – your parents, guardians, families, teachers and the like. Now you will be the principal author of this next chapter – you have the opportunity to determine the direction, the plot and the tempo of your story. This can seem as daunting as it is exciting, as challenging as it is empowering. But the great thing is that you are doing something that you have chosen to do.

While you are here at KMC you will have the opportunity to learn new things, acquire new knowledge, develop new skills, and enhance your personal attributes in profound ways that will equip for life after medical college. At the same time you will make new friends who will become your friends for life, with whom you will share memories of your KMC Manipal days for many years to come.

Covid pandemic has affected the whole world, has set some new norms in the way life, education, profession and society moves forward. You will be one of the front line warriors for this pandemic or any more pandemics which may affect this world. Its apt to say that when the going becomes tough, toughs get going.

From this day onwards each one of you is an ambassador of KMC Manipal and Manipal Academy of Higher Education. Take responsibility for your learning, make the most of your time here and embrace the difference. Attitude, Behavior, Communication and Discipline be the ABCD’s of your life to become a good human being.

I wish you every success at Manipal and I am confident that you will find it an immensely rewarding experience.

Dr. Sharath K Rao
Dean
Professor of Orthopaedics
KMC Manipal
Good to know !!!!

• To make you comfortable adjusting to the medical career, we have a Mentors’ Cell with faculty to guide you at each stage. Student and parents will meet with the respective Mentors on the Orientation day.

• The Foundation Course will be full of interesting activities to help you settle down and includes a first-aid training program, ethics and professionalism etc.

• The Bank requirements, mobile network connection details are also appended. Please bring the necessary documents.

• The student information - general and other interests are to be filled in the student profile card along with hobby/extracurricular interest form (Annexure 1).

• Students need to get vaccinated to prevent them from getting infected during their medical course. Information regarding the same is hereby attached (Page 6 and 7). Kindly ensure it is done or you may also get it done after your arrival in Manipal. Students, who have already got vaccinated, please carry with you a medical certificate of the same.

• Ragging is a criminal offence as per the Karnataka Educational Act 1983 and Honorable Supreme Court of India. Please visit the following website:
  http://manipal.edu/mu/admission/anti-ragging-.html

  There is a declaration form attached concerned with ragging which needs your parent/guardian’s signature. Please do fill that appropriately and submit it when you arrive here (Annexure 1).

• The nearest airport is in Mangalore situated 70 km away from Manipal. You can reach here via a prepaid taxi. A list of hotels in Manipal and a map of Manipal is attached for your reference. The nearest railway stations are in Udupi (5 km away) and in Mangalore.

• Please carry a sufficient number of your recent passport size photographs (atleast 10).
Check List

(On the first day of Orientation, you will need to bring with you the following items)

☐ Copy of the Admission order
☐ Student's profile and undertaking (Annexure 1)
☐ White Coat (with Manipal Academy of Higher Education logo)*
☐ Photocopies of original documents
☐ 10 recent passport size photographs
☐ Laptop / Smartphone

*The White Coat with Manipal Academy of Higher Education logo is needed for the 'White Coat Ceremony' on the first day of Orientation. It can be purchased at Bombay Surgicals. Kindly purchase it a day before the orientation day.
Documents required

A. FOR OPENING BANK SAVINGS ACCOUNT

The account opening form of the bank needs to be submitted to the Bank along with the following documents:

1. Copy of Admission Order
2. Address Proof (xerox of any one of the following and its original should be brought for verification)
   a. Aadhar Card
   b. Passport
   c. Voter ID
   d. Driving Licence
3. Xerox Copy of Pan Card (If you have it)
4. Two recent passport size colour photos

B. FOR OBTAINING MOBILE CONNECTION

1. Residence Proof- passport / Driving licence / aadhar card / ration card / college letter (if student does not have any residence proof)
2. Three recent passport sized colour photographs
Vaccination information

MANDATORY VACCINE:

- Hepatitis B
  3 doses - 0, 1 and 6 months intramuscular Approximate cost: Rs. 80 per dose

DESIRABLE VACCINES:

- Chicken pox vaccine
  All adults who have never had chickenpox or have never received this vaccination should be vaccinated against it. Two doses of the vaccine (subcutaneous) should be given at least four weeks apart.
  Approximate cost: Rs 1700/-

- MMR vaccine
  Single dose, if not vaccinated in the last 5 years
  Approximate cost: Rs 160/-

OPTIONAL VACCINES:

- Typhoid vaccine
  Single dose (IM) and booster dose every 3 years
  Approximate cost: Rs 290/-

- Hepatitis A vaccine
  2 doses - 0, 6 months
  Approximate cost: Rs 2100/-
FOOD / WATER BORNE DISEASES

Typhoid, Hepatitis A & Gastroenteritis are food and water borne communicable diseases. Students are advised to take appropriate preventive measures. Use safe drinking water, dine at restaurants of good reputation with good hygienic standards.

Optional Vaccination

<table>
<thead>
<tr>
<th>Typhoid Vaccine</th>
<th>Hepatitis A Vaccine</th>
</tr>
</thead>
<tbody>
<tr>
<td>Single dose</td>
<td>2 doses</td>
</tr>
<tr>
<td>(Intramuscular)</td>
<td>0, 6 months</td>
</tr>
<tr>
<td>3 years immunity</td>
<td>Cost: ₹1,050/- per dose (approx.)</td>
</tr>
<tr>
<td>following vaccination</td>
<td></td>
</tr>
<tr>
<td>Cost: ₹290/- (approx.)</td>
<td></td>
</tr>
</tbody>
</table>

HEPATITIS B

Hepatitis B Infection is an occupational hazard for health science students. To protect oneself, the following vaccination is recommended.

<table>
<thead>
<tr>
<th>Hepatitis 'B' Vaccine</th>
</tr>
</thead>
<tbody>
<tr>
<td>3 doses</td>
</tr>
<tr>
<td>0, 1, 6 months (Intra muscular)</td>
</tr>
<tr>
<td>Cost: ₹80/- per dose (approx.)</td>
</tr>
</tbody>
</table>

CHICKENPOX / MEASLES

Chickenpox & Measles outbreak in the campus is a source of concern. It is therefore strongly recommended that students who have not had prior Chickenpox / Measles infection or not been vaccinated for the same take the following vaccinations.

<table>
<thead>
<tr>
<th>Chickenpox Vaccine</th>
<th>Measles-Mumps-Rubella (MMR) Vaccine</th>
</tr>
</thead>
<tbody>
<tr>
<td>(If there is no history of a childhood episode or not vaccinated earlier)</td>
<td>(If not vaccinated in the last 5 years)</td>
</tr>
<tr>
<td>2 doses</td>
<td>Single dose</td>
</tr>
<tr>
<td>0, 6 Weeks (Subcutaneous)</td>
<td>Cost: ₹11,700/- per dose (approx.)</td>
</tr>
<tr>
<td>Cost: ₹2100/- per dose (approx.)</td>
<td>Cost: ₹160/- (approx.)</td>
</tr>
</tbody>
</table>

MALARIA / DENGUE

Prevention is better than cure

It is recommended that the students take the following precautions

1. Use mosquito nets while sleeping.
2. Use mosquito repellents when outdoors at dawn and dusk.
3. Avoid littering and keeping open containers where water could stagnate.

HEALTH INSTRUCTIONS

NO SMOKING

It is against the law to smoke in the campus

Issued in the interest of students

Director, Student Affairs
Safety Instructions for Students

Speed and Negligence cause majority of the accidents!
Observe Traffic Rules and Drive Cautiously.

Keep the University ID Card with you at All Times.
Display when asked for by the Institutional & University Authorities / District Police Authority.

Swimming in the Arabian Sea is prohibited
Life is precious. We value it.

It Can Cost You, Your Life!

Issued in the interest of students
Director, Student Affairs
It Can Cost You Your Life!

Swimming in the Arabian Sea is prohibited.

Observe Traffic Rules and Drive Cautiously.

accidents!

Keep the University ID Card with you at All Times. Display when asked for by the Institutional & University Authorities / District Police Authority.

The Hon'ble Supreme Court of India

What constitutes Ragging?

“Ragging is any disorderly conduct whether by words spoken or written or by an act which has the effect of teasing, treating or handling rudely any student, indulging in rowdy or undisciplined activities which cause or is likely to cause annoyance, hardship or psychological harm or to raise fear or apprehension thereof in a fresher or a junior student and which has the effect of causing or generating a sense of shame or embarrassment so as to adversely affect the psyche of a fresher or a junior student.”... The Hon’ble Supreme Court of India

Ragging is a criminal offence.

Warning

No leniency will be shown to the offenders involved in ragging. All students are requested to note and co-operate in keeping the university and its constituent colleges free of ragging. If found to be an offender, the following actions will be resorted to:

- Suspension / Rustication / Expulsion from the college
- Fine up to ₹2.5 lakhs

Penalty for Ragging

No person who is a student of an educational institution shall commit ragging. Supreme Court of India has ordered that “if any incident of ragging comes to the notice of the authority, the concerned student shall be given liberty to explain and if his/her explanation is not found satisfactory, the authority would expel him/her from the institution”.

In case of emergency contact:

Toll free 1800 425 6090
Anti-Ragging Squad 99456 70913
Chief Operating Officer (Campus Safety) 70226 32484
Director, Student Affairs 98457 84282

Issued in the interest of students

Director, Student Affairs
STUDENT HEALTH CLINIC
First floor, New Out-Patient Block, Kasturba Hospital, Manipal

OBJECTIVE
To provide optimum healthcare to all the students of Manipal Academy of Higher Education (MAHE)

INSTRUCTIONS TO ALL MAHE STUDENTS
Utilization of Healthcare Services at Kasturba Hospital, Manipal

1. The student health clinic will function on all days (except Sundays, MAHE holidays). Working hours 8.00 am - 1.00 pm and 2.00 pm - 5.00 pm.
2. Between 1.00 pm - 2.00 pm and 5.00 pm - 6.30 pm registrations will be done at Ground floor, New OPD building. Consultations will be done at Medicine OPD (2nd floor).
3. Students can contact the Patient Relation Executive (PRE) posted at student health clinic previous day by phone (0820-2922057) or in person for availing appointment with the consultant and/or to register the file for next day. This will save time and prevent absenteeism from regular classes.
4. During working hours students are directed to register at student health clinic and attend the respective outpatient department thereafter (Refer Annexure-I).
5. In case of accident/injury students should report to Trauma & Emergency centre directly. (Refer Annexure-II)
6. Between 6.30 pm and 8.00 am any student requiring medical attention should visit casualty and will be managed as inpatient.
7. Students should produce their ID Card/Combo Card while visiting the hospital at the time of admission at hospital.
8. Impersonation/misuse of combo cards is a criminal offense and will be dealt with accordingly.
9. Only one hospital file should be made per student. This will facilitate proper documentation and comprehensive care.
10. Admitted students are not permitted to go out of the ward until discharge.
11. Students must settle the bills in time before discharge.
12. Medical certificates cannot be demanded from the Doctors.
13. Request hospital ambulance for genuine cases only. Caretaker has to accompany the students in the ambulance.
14. Ambulance will be provided free of cost within the MAHE campus. Charges will apply for the services of ambulance outside the MAHE campus.

ANNEXURE I
Non-Accident/Non-Emergency case

8.00 am - 5.00 pm (OPD hours)
Report to Student Clinic in person or telephonically (0820-2922057)

1.00 pm - 2.00 pm & 5.00 pm - 6.30 pm
Registration at ground floor, consultation at Medicine OPD (2nd floor) New OPD Block.

6.30 pm - 8.00 am (Non OPD Hours)
Report to Trauma & Emergency

Student can tell the Hosp. No and immediately file can be sent to respective OPD
The PRE will assist in registration of the student (New & Repeat)

File reaches the respective OPD
The Student is seen by the Duty Doctor on priority

Sample Collection: Counter Number 5 is dedicated for students (Medicare)
Imaging and other Radiological Investigation: Certain token numbers will be reserved exclusively for the student
Pharmacy: Counter Number 6 is dedicated for students (Medicare)

ANNEXURE II
Follow the T & E Chart

8.00 am - 6.30 pm: Treatment on OP basis
6.30 pm - 8.00 am: Treatment on IP basis i.e. the student will be admitted for the well-being of the patient.

Report to T&E Block registration cum admission counter with Combo Card / ID Card

The blood sample is collected by the Nurse Incharge and sent through PTS/HSK to the respective lab for testing Radiological investigations will be done in Trauma X-Ray

Director, Student Affairs

Issued in the interest of students
WORD OF CAUTION
for
Manipal Academy of Higher Education students

---------------- DO’S & DON’TS ----------------

In the wake of certain unsavory incidents over the last few months, the Management of Manipal Academy of Higher Education and Udupi Police have chalked out plans to put an end these incidents for the security and safety of the students in the MAHE. This move is to ensure that students enjoy their stay on the campus or off it, so that after they graduate and leave the portals they will take back rich memories of their stay in Manipal. The MAHE is prepared to do everything for the holistic development of every student and in turn the student is expected to live up to all expectations, not only of the MAHE but also the dreams of their loved ones far away.

For this purpose, the MAHE and Udupi Police have come up with a few do’s and don’ts for students staying in hostels and outside. They are:

- Rules and regulations are already in place both for hostels (MAHE) and for those staying outside (Police). They will have to be strictly adhered to at all times.
- MAHE will take strict action against any student who indulges in substance abuse and verbal abuses/quarrel/misbehavior with Police/Security Personnel and causing obstruction for duties. Such students will be booked under section 353 IPC and MAHE rules and regulations.
- Random check of student premises will be carried out and the students will even be subjected to drug and alcohol tests if a situation so demands.
- Students with two wheelers or four wheelers are to have complete documents in possession always. If any vehicle is found without relevant papers, the vehicle will be seized and handed over to the Manipal Police authorities.
- Foreign students are also expected to abide by the law of the land. They risk deportation if found to be involved in illegal activities. Students are also requested to cooperate and bring unlawful acts immediately to the notice of concerned authorities.
- Police will ensure all restaurants will wind up business at 11.30 pm.
- No student will be allowed to be on road after 12.30 am for any reason. They will be taken to the police station if they are found roaming on the streets after that time.
- Karnataka Police Act (Section 92: maintenance of public order) will be enforced as and when warranted
- COTPA 2003 act will be enforced by Police if any student is found smoking inside the campus premises and within 100 meters of radius from the outer boundary of educational institutions.
- Motor Vehicles Act will be enforced if any student is found involved in drag race in traffic violations and sound pollution ...etc. in and around the MAHE campus.
- Four task forces of six police officials each (3 men and 3 women) will be in place to monitor the student activities in and around the apartments. And COO campus safety and 2 Senior Security Officers of MAHE will be on special night duty in the MAHE campus.

All these instructions will come into effect forthwith.

Some of the important contact details

- 24x7 toll free service at 100
- SP Udupi: 94808 05401
- MAHE Control Room: 0820 - 2922515
- Manipal Police Station: 0820 - 2570328 / 2526444
- DySP Udupi: 94808 05420
- Campus Patrol: 99456 70913 / 96321 01004

REGISTRAR
Hospital Rules / Guidelines for Students
Admitted in Kasturba Hospital, Manipal

1. Students must possess the college id card at the time of admission.
2. Impersonation / misuse of college id card is a criminal offense and will be dealt with accordingly.
3. Hospital Admission will be informed by the Student Clinic to the HOI of respective institutions.
4. When the condition is more than mild / when surgery is indicated, parents will be informed.
5. Only one person will be allowed as a bystander at night (same gender).
6. Visitors must adhere to the hospital’s Visiting Timings. Students and visitors are requested to co-operate in maintaining the silence and discipline of the hospital.
7. Students are not permitted to go out of the ward until discharge.
8. Students must settle the bills in time before discharge.
9. Students coming to emergency for simple reasons, especially after 8.00 pm, will be admitted till next day morning.
10. Medical certificates cannot be demanded from the Doctors.
11. Request hospital ambulance for genuine cases only. Caretaker has to accompany the students in the ambulance.
12. Ambulance will be provided free of cost within the MAHE campus. Charges will apply for the services of ambulance outside the MAHE campus.

Director, Student Affairs
Manipal Academy of Higher Education

Medical Superintendent
Kasturba Hospital, Manipal
Student Support Centre
Caring through Conversations

The Student Support Centre (SSC) is a completely confidential service devoted to supporting the emotional well-being of students. Keeping in mind that going to large hospitals often causes distress and dissuades students from seeking help, the Centre is located in a quiet residential area that ensures privacy and accessibility.

"It is a sign of strength, not weakness, to ask for help"

Students can consult with qualified clinical psychologists and all services are covered by Medicare, so there are no payments to be made at the Centre. SSC files are delinked from academic records and hospital records.

SSC is a safe comfortable space that protects student confidentiality and prioritises their wellness. Additional and helpful resources are available on a continually updated website: ssc.manipal.edu

Some of the situations in which students can benefit from seeking professional help include:

- Coping with sustained sadness or anger
- Trouble with concentration and academics
- Grief and loss of someone or something important
- Inability to move past a traumatic event
- Difficulties with sleep and mood
- Feeling socially isolated
- Wanting to change something about oneself but being unable to
- Dependence on stimulants
- Disturbing thoughts that cannot be controlled
- Loss of enjoyment in things that previously gave joy
- Recurrent stress and anxiety
- Just not feeling like oneself on most days

Students can consult with qualified clinical psychologists and all services are covered by Medicare, so there are no payments to be made at the Centre. SSC files are delinked from academic records and hospital records.

SSC is a safe comfortable space that protects student confidentiality and prioritises their wellness. Additional and helpful resources are available on a continually updated website: ssc.manipal.edu

Some of the situations in which students can benefit from seeking professional help include:

- Coping with sustained sadness or anger
- Trouble with concentration and academics
- Grief and loss of someone or something important
- Inability to move past a traumatic event
- Difficulties with sleep and mood
- Feeling socially isolated
- Wanting to change something about oneself but being unable to
- Dependence on stimulants
- Disturbing thoughts that cannot be controlled
- Loss of enjoyment in things that previously gave joy
- Recurrent stress and anxiety
- Just not feeling like oneself on most days

0820 2922430 students.support@manipal.edu No. 125, Opposite International Hostel, Manipal Academy of Higher Education

New Batch of MBBS WELCOME KIT
Objective:

To prevent substance abuse and to create a secure, conducive atmosphere for learning among the students in the campus.

The University adheres to the following guidelines concerning the possession, use and/or distribution of substances of abuse: Cannabis, Heroin, Benzodiazepines, barbiturates, Flunitrazepam, Cocaine, Ketamine, Psilocybin, Lysergic acid diethylamide, Amphetamine, Methamphetamines, MDMA, Phencyclidine, GHB, Methaqualone, Inhalants and any other drugs and substances mentioned in The Narcotic Drugs and Psychotropic Act 1985.

1. The possession, use and/or distribution of substances of abuse are prohibited on premises owned or controlled by the University.

2. University squads will carry out random checks on students/residential premises for substances of abuse.

3. Possession, use and/or distribution of substances of abuse will attract appropriate disciplinary action which may include expulsion.

Offenders will also come under the purview of Narcotic Drugs and Psychotropic Substances Act 1985 (NDPS Act) and will be liable for penal action.

Disciplinary procedures:

A student violating the MAHE policy on substance abuse will face:

a) Immediate suspension from the college, pending enquiry.

b) Parent/legal guardian will be informed immediately who will be expected to meet the Head of Institution (HOI) at the earliest.

c) The Institutional Disciplinary Committee will conduct an enquiry and submit the report to HOI who will initiate further action in consultation with the Director Student Affairs, Manipal Academy of Higher Education.

Policy matters on Alcohol & Tobacco

- The University campus is declared as “Alcohol /Tobacco free campus”

- If a student is found possessing / consuming Tobacco/Alcohol in the premises owned or controlled by the University, the Institutional Disciplinary Committee will take appropriate action.
POLICY ON SUBSTANCE ABUSE

Objective:
The University adheres to the following guidelines concerning the possession, use and/or distribution of substances of abuse: Cannabis, Heroin, Benzodiazepines, barbiturates, Flunitrazepam, Cocaine, Ketamine, Psilocybin, Lysergic acid diethylamide, Amphetamine, Methamphetamines, MDMA, Phencyclidine, GHB, Methaqualone, Inhalants and any other drugs and substances mentioned in The Narcotic Drugs and Psychotropic Act 1985.

3. Possession, use and/or distribution of substances of abuse will attract appropriate disciplinary action which may include expulsion.

1. The possession, use and/or distribution of substances of abuse are prohibited on premises owned or controlled by the University.

To prevent substance abuse and to create a secure, conducive atmosphere for learning among the students in the campus.

2. University squads will carry out random checks on students/residential premises for substances of abuse.

Offenders will also come under the purview of Narcotic Drugs and Psychotropic Substances Act 1985 (NDPS Act) and will be liable for penal action.

a) Immediate suspension from the college, pending enquiry.

Disciplinary procedures:

b) Parent/legal guardian will be informed immediately who will be expected to meet the Head of Institution (HOI) at the earliest.

A student violating the MAHE policy on substance abuse will face:

Policy matters on Alcohol & Tobacco

• The University campus is declared as “Alcohol /Tobacco free campus”

• If a student is found possessing / consuming Tobacco/Alcohol in the premises owned or controlled by the University, the Institutional Disciplinary Committee will take appropriate action.
# LIST OF HOTELS IN AND AROUND MANIPAL

<table>
<thead>
<tr>
<th>Names of Hotels</th>
<th>Telephone Numbers</th>
<th>Fax</th>
<th>E-mail ID</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>HOTELS IN MANIPAL - (Code: + 91 820)</strong></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>FORTUNE INN VALLEY VIEW</td>
<td>2571101 / 2571109</td>
<td>2571327</td>
<td><a href="mailto:valleyview@fortunehotels.in">valleyview@fortunehotels.in</a></td>
</tr>
<tr>
<td>HOTEL GREEN PARK</td>
<td>2570561 / 562</td>
<td>2571385</td>
<td></td>
</tr>
<tr>
<td>HOTEL MADHUVAN SERAI</td>
<td>0820 2571667 / 68 / 69 / M: 7829901251</td>
<td>2571670</td>
<td><a href="mailto:res@hotelmadhuvanserai.com">res@hotelmadhuvanserai.com</a>;</td>
</tr>
<tr>
<td>HOTEL GREEN PARK SUITES</td>
<td>4295701 / 2</td>
<td></td>
<td><a href="mailto:hotelgreenparksuites@gmail.com">hotelgreenparksuites@gmail.com</a></td>
</tr>
<tr>
<td>HOTEL SRIRKRISHNA LEELA</td>
<td>4290100 / 101</td>
<td></td>
<td></td>
</tr>
<tr>
<td>HOTEL JANANI</td>
<td>2570529 / 2570810</td>
<td></td>
<td></td>
</tr>
<tr>
<td>HOTEL ROYAL INTERNATIONAL</td>
<td>2572936 / 2572937 / 2575610</td>
<td>2571584</td>
<td></td>
</tr>
<tr>
<td>HOTEL SHANTHALA</td>
<td>2572920 / 921</td>
<td></td>
<td></td>
</tr>
<tr>
<td>HOTEL ASHLESH</td>
<td>2572824 / 2575594 / 4291248</td>
<td></td>
<td><a href="mailto:aslleshhotelmanipal@yahoo.com">aslleshhotelmanipal@yahoo.com</a></td>
</tr>
<tr>
<td>HOTEL BIGBOSS</td>
<td>2573215</td>
<td></td>
<td></td>
</tr>
<tr>
<td>HOTEL BHAVANI</td>
<td>2571332 / 2572057</td>
<td></td>
<td></td>
</tr>
<tr>
<td>SUSHMA LODGE</td>
<td>2575441 / 2573924 / 9448237658</td>
<td></td>
<td></td>
</tr>
<tr>
<td>HOTEL DASHARATH</td>
<td>2571115</td>
<td></td>
<td></td>
</tr>
<tr>
<td>HOTEL HILL VIEW</td>
<td>4292771 - 773</td>
<td></td>
<td></td>
</tr>
<tr>
<td>HOTEL LAKE VIEW</td>
<td>2570100 / 4290005</td>
<td></td>
<td></td>
</tr>
<tr>
<td>HOTEL EQUITY</td>
<td>4296459 / 4292207</td>
<td></td>
<td></td>
</tr>
<tr>
<td>HOTEL VARSHA</td>
<td>9845155201 / 2573799</td>
<td></td>
<td></td>
</tr>
<tr>
<td>SATKAR PARADISE</td>
<td>987974760 / 9820053317</td>
<td></td>
<td></td>
</tr>
<tr>
<td>COUNTRY INN &amp; SUITES</td>
<td>270 1600</td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>HOTELS IN UDUPI (5 KMs FROM MANIPAL) - (Code: + 91 820)</strong></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>HOTEL SHARADA INTERNATIONAL</td>
<td>2522910 / 2522912 / 2521968</td>
<td>2522913</td>
<td><a href="mailto:hotelsharadaintl@gmail.com">hotelsharadaintl@gmail.com</a></td>
</tr>
<tr>
<td>HOTEL KEDYOOOR</td>
<td>2522381 / 2523382</td>
<td>2522380</td>
<td></td>
</tr>
<tr>
<td>UDUPI RESIDENCY</td>
<td>2530005 / 2530107 / 4295333 / 4295666</td>
<td>2522862</td>
<td><a href="mailto:udipi_residency@yahoo.com">udipi_residency@yahoo.com</a></td>
</tr>
<tr>
<td>HOTEL KARAVALI</td>
<td>2522860 - 862</td>
<td></td>
<td><a href="mailto:hotelkaravali@hotmail.com">hotelkaravali@hotmail.com</a></td>
</tr>
<tr>
<td>HOTEL SRIRAM RESIDENCY</td>
<td>2530761 / 762</td>
<td></td>
<td></td>
</tr>
<tr>
<td>HOTEL JANARDHAN</td>
<td>2523880 - 883</td>
<td>2523887</td>
<td></td>
</tr>
<tr>
<td>HOTEL SWADESH HERITAGE</td>
<td>2529605 / 2529705 / 2229805</td>
<td>2529805</td>
<td><a href="mailto:udupi@hostelswadesh.com">udupi@hostelswadesh.com</a></td>
</tr>
<tr>
<td>HOTEL DURGA INTERNATIONAL</td>
<td>2536971 - 973</td>
<td></td>
<td></td>
</tr>
<tr>
<td>HOTEL RAMAKRISHNA</td>
<td>2523189 - 195</td>
<td></td>
<td></td>
</tr>
<tr>
<td>HOTEL RUKMINI RESIDENCY</td>
<td>2523901 - 907 / 4293905</td>
<td>2523918</td>
<td><a href="mailto:rukminiresidency@yahoo.com">rukminiresidency@yahoo.com</a></td>
</tr>
<tr>
<td>HOTEL SIDHARTH</td>
<td>4292124 / 2536738 / 2536742 / 2536745</td>
<td></td>
<td></td>
</tr>
<tr>
<td>HOTEL KALPANA RESIDENCY</td>
<td>2520440 / 2571021</td>
<td></td>
<td></td>
</tr>
<tr>
<td>HOTEL CENTURY EXECUTIVE (MANGO SUITES CENTURY)</td>
<td>2593311 / 2593322 / 2593333</td>
<td></td>
<td></td>
</tr>
<tr>
<td>HOTEL SUMMER PARK</td>
<td>2535904 - 907</td>
<td></td>
<td><a href="mailto:hotelsummerpark@gmail.com">hotelsummerpark@gmail.com</a></td>
</tr>
<tr>
<td>HOTEL SINDHU PALACE</td>
<td>2520791</td>
<td></td>
<td></td>
</tr>
<tr>
<td>HOTEL SHANTALA</td>
<td>2534381</td>
<td></td>
<td></td>
</tr>
<tr>
<td>HOTEL BHAVANI</td>
<td>2526980</td>
<td></td>
<td></td>
</tr>
<tr>
<td>HOTEL SHAMBHAVI</td>
<td>2593390-393</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>
**LIST OF HOTELS IN AND AROUND MANIPAL**

- **HOTEL LAKE VIEW** 2570100 / 4290005
- **HOTEL KALPANA RESIDENCY** 2520440 / 2571021
- **HOTEL SHAMBHAVI** 2593390-393
- **HOTEL KEDIYOOR** 2522381 / 2523382 2522380
- **HOTEL KARAVALI** 2522860 - 862 2522862 hotelkaravali@hotmail.com
- **HOTEL JANARDHAN** 2523880 - 883 2523887
- **SATKAR PARADISE** 9870974760 / 9820053317
- **HOTELS IN UDUPI (5 KMs FROM MANIPAL) (Code: + 91 820)**
  - **HOTEL CENTURY EXECUTIVE**
  - **(MANGO SUITES CENTURY)** 2593311 / 2593322 / 2593333
  - **HOTEL BHAVANI** 2526980
  - **HOTEL DURGA INTERNATIONAL** 2536971 - 973
  - **HOTEL RUKMINI RESIDENCY** 2523901 - 907 / 4293905 2523918 rukminiresidency@yahoo.com
  - **HOTEL BHAVANI** 2571332 / 2572057
  - **HOTEL VARSHA** 9845155201 / 2573799
  - **HOTEL RAMAKRISHNA** 2523189 - 195
  - **HOTEL SWADESH HERITAGE** 2529605 / 2529705 / 2229805 2529805 udupi@hostelswadesh.com
  - **HOTEL SINDHU PALACE** 2520791
  - **HOTEL HILL VIEW** 4292771 - 773
  - **HOTEL BIGBOSS** 2573215
  - **HOTEL EQUITY** 4296459 / 4292207
  - **SUSHMA LODGE** 2575441 / 2573924 / 9448237658
  - **HOTEL DASHARATH** 2571115
  - **HOTEL SHARADA INTERNATIONAL** 2522910 / 2522912 / 2521968 2522913 hotelsharadaintl@gmail.com
  - **UDUPI RESIDENCY** 2530005 / 2530107 / 4295333 / 4295666  udipi_residency@yahoo.com
  - **COUNTRY INN & SUITES** 270 1600
- **HOTEL SANTALA** 2534381

---

## Names of Hotels Telephone Numbers Fax E-mail ID

- **HOTEL GREEN PARK** 2570561 / 562 2571385
- **HOTEL MADHUVAN SERAI** 0820 2571667 / 68 / 69 / M: 7829901251 2571670 res@hotelmadhuvanserai.com
- **HOTEL GREEN PARK SUITES** 4295701 / 2 hotelgreenparksuites@gmail.com
- **HOTEL SRIKRISHNA LEELA** 4290100 / 101
- **HOTEL ROYAL INTERNATIONAL** 2572936 / 2572937 / 2575610 2571584
- **HOTEL SHANTHALA** 2572920 / 921